



Studio Located at:
 237 Harrison
 Oak Park, IL 60304
 For information call :
 studio# 708-524-0500
 cell# 312-505-0186 or
 info@intuitdance.org
 www.intuitdance.org

Diane VanDerhei, Director

SUMMER SESSION (7 WEEKS) JUNE 13 – JULY 31

Oak Park Arts District's Summer Arts Camps:
 June 14-25 and August 9-20 morning and/or afternoons two age groups 5-7 and 8-12
Dance and Costume Making Camp Intensive:
 July 19-23 mornings two age groups 5-7 and 8-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:30-10:15 AM Dancing TOTS ages 2-3 (lv. 1) (NR)	4-5 PM Contemporary (Modern) Dance ages 5-7 (lv. 1+2) (NR)	3-3:45 PM Contemporary Ballet I ages 5-7 (lv. 1) (DV) New Ballet Students	3:30-4:10 PM Movement for Boys ages 4-6 (lv. 1+2) (DV)	9:30-10:30 AM Stretch and Tone Adults (JH)	9-10 AM Dance with Diane Adult Fitness (DV)	10:30-11:45 AM Yoga Teens/Adults (AL)
10:15-11 AM Dance for Children ages 3-5 (lv. 1) (NR)	5-6 PM Intermediate/Advanced Ballet Teens (DV)	3:45-4:45 PM Contemporary Ballet II ages 6-9 (lv. 2) (DV) Continuing Students	4:15-4:55 PM Contemporary Ballet I ages 4-6 (lv. 1+2) (DV) New Ballet Students	4-5 PM Intermediate Hip Hop 12-Teens (lv. 2+3) (EM)	10-10:45 AM Contemporary Ballet I ages 4-6 (lv. 1+2) (DV) New Ballet Students	2:45-4:15 PM Beginning Bellydance (SB) 10-Teens/Adults
3:30-4:10 PM Pre-Ballet/Pre-Tap ages 4-5 (lv. 1+2) (DV)	6-7 PM Choreography Workshop Teens (DV)	4:45-5:45 PM L.A. Jazz Teens (JH)	5-6 PM Boys & Girls Jazz/Tap ages 6-9 (lv. 1+2) (DV)	5-6:15 PM Intermediate/Advanced Contemporary (Modern) Dance Teens/Adults (EM)	11-12 PM Contemporary Ballet II ages 6-9 (lv. 2+3) (DV) Continuing Students	4:15-5:15 PM Bellydance II (SB) Teens/Adults
4:15-5:00 PM Boys & Girls Hip Hop ages 6-9 (lv. 1) (DV)	7-8 PM Dance with Diane Adult Fitness (DV)	5:45-6:45 PM Beginning Ballet Teens/Adults (lv. 1) (MS)	6:45-7:45 PM Zumba® Teens/Adults (MHP)	6:15-7:15 PM Tap 12-Teens/Adults (EM)		
5-6 PM Contemporary (Modern) Dance ages 7-12 (lv. 2+3) (DV)		6:45-8 PM Intermediate/Advanced Jazz Teens/Adults (MS)	7:45-8:15 PM Pilates Workout Teens/Adults (KW)	7:15-8:15 PM Adv. Beginning/Intermediate Ballet 12-Teens/Adults (EM)		
6:30-7:45 PM Yoga Teens/Adults (AL)		8-9 PM Cardio Jazz Teens/Adults (MS)	8:15-9:15 PM Hip Hop Teens/Adults (EZ)			
8:00-9:00 PM Adv. Beginning/Intermediate Contemporary (Modern) Dance Teens/Adults (NR)						

INSTRUCTOR CODE: Diane VanDerhei (DV); Anna Leonard (AL); Nikki Richardson (NR); Samantha Brenneman (SB); Yael Levitin (YL); Elisa Montalvo (EM); Ian Eastwood (IE); Jessica Hallam (JH); Mariana Howard-Paez (MHP); Michelle Scurlock (MS); Kelley Watson (KW); Ethan Zimmermann (EZ).

Make-up in any class during the session or pay accordingly. Studio closed July 4th. No Yoga Sunday July 5th.

NAME: _____	CLASS #1: _____
CHILD'S NAME: _____ DOB: _____	DAY: _____ TIME: _____
ADDRESS: _____	CLASS #2: _____
CITY, STATE, ZIP: _____	DAY: _____ TIME: _____
EMAIL: _____	CLASS #3: _____
PHONE: _____	DAY: _____ TIME: _____
CREDIT CARD #: _____	AMOUNT ENCLOSED: \$ _____
EXPIRES: _____	Please make checks payable to: INTUIT Dance
SIGNATURE: _____	Mail to: INTUIT Dance
	P.O. 614
	Oak Park, IL 60303-0614

STUDIO PHILOSOPHY FOR CHILDREN'S CLASSES:

Dance technique, improvisation and choreography are the building blocks of contemporary dance education. At INTUIT, students study dance technique, learn to develop a movement vocabulary, make their own dances and dance in the compositions of others. Dance provides a vehicle for children to grow emotionally, to interact socially, and to develop physically and mentally.

(*Children's classes are grouped appropriately by age and level.*)

LEVEL 1 (LV.1) - is a joyful introduction to the dance form and elements of body, space, time and energy. Children learn, explore, create and share.

LEVEL 2 (LV. 2) - is for the student who has demonstrated a readiness for a higher level of work and exploration. Children will explore the element of the day and work on this element through technical exercises and movement across the floor. Improvisation and composition will remain an integral part of this class.

LEVEL 3 (LV. 3) - is a continuation of level two and is for the student that wants to focus on the technical and creative aspects of the dance form.

CLASS GROUPING GUIDELINES:

AGES 2-3 — means the child is two in September and will be turning 3 sometime before June. This applies for 3-4 (pre-school child); 4-5 (pre-school child); 5-6 (kindergarten)

AGES 4-6 — means they are four turning 5 or 5 turning 6 during the school year (pre-school or kindergarten)

AGES 5-7 — means they are five and will be turning 6 (kindergarten) or 6 turning 7 (first grade).

INTUIT Dance is flexible on these ages and will work with you to find the most appropriate class for your child.

(Summer Placement)

Children should be placed in the class that they are going into in September. Example: if your child is going to be in Kindergarten in the Fall, then they should attend a 4-6 year-old class or a 5-7 year-old class. The 4-6 is a little bit lower level than a 5-7 year-old.

CLASSES:

Contemporary Ballet (lv. 1+2) ages 4-7; (lv. 3) ages 7+

Students will be introduced to the element of the day and explore this element through exercises at the barre and movement across the floor. Improvisation and composition are integral components of the class.

Contemporary (Modern) Dance

ages 5-7 (lv. 1+2) ages 8-12 (lv. 3)

Students will learn dance technique while learning about Body, Energy, Space and Time. Students will improvise and create dances.

Dance for Children (lv. 1) ages 3-5

These very popular level one classes are grouped according to your child's age. The Dance for Children classes are designed to capture your child's imagination and love of movement. They will enter the world of dance and never want to leave.

Dancing TOTS (lv. 1) ages 2-3

Children will bounce, shake and roar through a morning of dance, movement and play. Dancing tots can be a drop off class if you feel your child is ready.

Family Dance Jam! [CURRENTLY NOT OFFERED]

Special Event: Currently not being offered. Bring the family to INTUIT for an afternoon of movement and fun.

Hip Hop

ages 6-9 (lv. 1) ages 9-12 (lv. 2+3)

You will learn basic rhythms and technique while you practice Hip Hop dances. Students improvise and make up their own dances as well.

Jazz/Tap (lv. 1+2) ages 6-9

A fusion class to keep the fun in dance technique.

Jazz/Tap (lv. 2+3) ages 7+

A fusion class to keep the fun in dance technique.

Jazz/Modern (lv. 2+3) ages 10+ [CURRENTLY NOT OFFERED]

This class is designed to prepare students for summer musicals. Many dance forms will be explored and student's interests and needs will be addressed.

Movement for Boys (lv.1+2) ages 4-6 / 7-12

This is an athletic class designed for boys. Your son will run, roll and leap into creative expression as they explore the elements of dance.

Pre-Ballet/Pre-Tap (lv. 1+2) ages 4-5

This class is for the pre-school student. Vocabulary and movement skills will be developed using Rhythm, Rhymes and Stories.

ALL CHILDREN'S CLASSES INCLUDE:

A warm-up that patterns the body; introduction and exploration of the dance theme of the day; application of the theme through technical skill development, dancemaking and interpreting children's literature; cool down and reflection

STUDIO PHILOSOPHY FOR TEEN & ADULT CLASSES:

INTUIT Dance Teen and Adult division offers classes in jazz, hip hop, fitness, modern, ballet, musical theater, yoga and belly dancing in a noncompetitive environment. INTUIT's instructors are here to nurture your individual artist. Classes are for beginners through professionals. The choreographic process is taught and teen and adult students are active participants in creating choreography for studio performances.

TEENS**Ballet**

INTUIT offers Beginning and Intermediate/Advanced ballet technique. This class will help you get a strong body and quick mind needed to pick up combinations.

Beginning Bellydance and Bellydance II

Bring your mom! Get a strong belly and back, better flexibility, more range of motion and a wonderful time dancing to world music! Bellydance II will teach you how to dance with partners, layer movements and exchange leadership – instructor's consent.

Beginning Pointe [CURRENTLY NOT OFFERED]

A beginning pointe class is offered to ballet students who have developed a solid technique.

Choreography Workshop

Learn ways to create exciting choreography – make your own dances or dance in the compositions of others.

Contemporary (Modern) Dance

Modern dance is for the new or continuing student. This class will help you with your dance technique and fitness level as well as your creativity and expressivity. Two levels offered: basic/advanced beginner and intermediate/advanced.

Hip Hop

Three levels of Hip Hop are offered at INTUIT. Work on your technique as you create and learn really cool dances.

Jazz

Learn fast paced, contemporary jazz choreography.

L.A. Jazz

Learn all the latest hot styles that you see on popular dance shows. Learn how to dance for the camera!

Latin Dance Technique [CURRENTLY NOT OFFERED]

Learn basic Latin Dances. Fun and a great workout.

Tap

Learn the basics of tap dance.

Yoga

Connect, focus and shine in a positive and supportive environment students will explore the dynamic connection between body and spirit.

Zumba®

Get hip get fit! A great Latin workout that is all the rage right now. Be prepared to sweat and have fun!

ADULTS**Ballet**

Beginning through advanced levels. Discover the meditative qualities of ballet as you focus on core strength, flexibility and endurance.

Beginning Bellydance and Bellydance II

Samantha Brennen is the founder and director of SMOKE belly dance troupe a Sister Studio of FatChanceBellyDance. She trained under master teacher Carolena Nericcio. She holds all certifications currently available in this format.

Beginning Yoga [CURRENTLY NOT OFFERED]

Come see why millions have made yoga an essential part of their lives. This class will introduce you to fundamental yoga postures, breathing and relaxation techniques.

Cardio Jazz

A hot fast fun workout.

Contemporary (Modern) Dance for Teens/Adults

Modern dance is for the new or continuing student. This class will help you with your dance technique and fitness level as well as your creativity and expressivity.

Two levels offered: Basic/Advanced Beginner and Intermediate/Advanced.

Dance with Diane

For this dance fitness class, Diane has put together the best movement practices from yoga, conditioning, body fundamentals and contemporary dance to get you moving, fit and feeling your BEST!

Hip Hop

Learn and create really cool dances. A fun way to work out.

INTUIT Repertoire [CURRENTLY NOT OFFERED]

Learn jazz and modern choreography to be performed throughout the year.

Jazz

Learn fast paced, contemporary jazz choreography.

Pilates Workout

Stay after Zumba and get an extra workout blast! This class will get your core and everything else STRONG! \$56 / 7 Wks

Stretch and Tone

Work out and get a dancer's body.

Tap

Learn the basics of tap dance.

Yoga

Instruction suited to the unique individual drawing from a variety of Hatha Yoga styles. Open to all levels of ability.

Yoga Retreat (2 Hours) [CURRENTLY NOT OFFERED]

Stretch the entire body releasing muscular tension and opening blocked energy pathways using supportive and non-weight bearing postures.

Zumba®

Get hip get fit! A great Latin workout that is all the rage right now. Be prepared to sweat and have fun!

Visit us online for a listing of footwear and dress codes. Non-skid sneakers are required for Hip Hop and Fitness classes. No outside street shoes allowed on the dance floor.

PRICING:**1 HOUR ADULT/TEEN AND CHILDREN'S CLASSES**

- 7 Week Summer Session: **\$91**

40-45 MINUTE CHILDREN'S CLASSES

Dance for Children, Pre-Ballet/Tap, Movement for Boys, Jazz/Tap, Contemporary Ballet, Boys & Girls Hip Hop

- 7 Week Summer Session: **\$84**

DANCING TOTS

- 7 Week Summer Session: **\$77**, Drop-Ins **\$11.50**

- [NEW!] Half-Hour Pilates Workout: \$56 / 7 Wks (Drop-In: \$10)
Stay after Zumba® on Thursdays and get an extra workout blast! Pilates + Zumba® = \$140 / 7 Wks
- Skip make-up classes. Enjoy the "Children's Vacation Special" Drop-In Rate: \$13
- Teen/Adult Single Class Drop-In: \$15
- Punch Cards for Teens and Adults (*All punch cards expire July 31, 2010*):
21 for \$252 (12/class); 14 for \$175 (12.50/class); 7 for \$91 (13/class); 5 for \$70 (14/class).
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1 HOUR CLASSES
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40-45 Minute Class
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PILATES + ZUMBA®
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Pilates \$56 / 7 Wks