



Studio Located at:
 237 Harrison
 Oak Park, IL 60304
For information call :

 studio# 708-524-0500
 cell# 312-505-0186 or
 info@intuitdance.org
 www.intuitdance.org

Diane VanDerhei, Director

SPRING SESSION (8 WEEKS) APRIL 5 – MAY 30

SUMMER SESSION (7 WEEKS) JUNE 13 – JULY 31
Studio Spring Performances May 21-23

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:30-10:15 AM Dancing TOTS ages 2-3 (NR)	9:30-10:15 AM Dancing TOTS ages 2-3 (DV)	3:15-4 PM Contemporary Ballet ages 5-7 (lv. 1+2) (DV)	3:30-4:10 PM Movement for Boys ages 4-6 (lv. 1+2) (DV)	4-4:45 PM Hip Hop ages 8-11 (lv. 2+3) (EM)	8:15-9 AM Dance with Diane Adult Fitness (DV)	10:30-11:45 AM Yoga Teens/Adults (AL)
10:15-11 AM Dance for Children ages 3-5 (lv. 1) (NR)	1:15-2 PM Contemporary Ballet ages 4-6 (lv. 1+2) (DV)	4-4:45 PM Jazz / Tap ages 5-7 (lv. 1+2) (DV)	4:15-4:55 PM Contemporary Ballet ages 4-6 (lv. 1+2) (DV)	4:45-6 PM Contemporary Jazz Teens/Adults (EM)	9-9:45 AM Dance for children ages 4-5 (lv. 1) (DV)	12:30-1:30 PM Beginning Yoga Teens/Adults (AL)
3:30-4:10 PM Dance for Children ages 3-4 (lv. 1) (DV)	4-5 PM Contemporary (Modern) Dance ages 6-7 (lv. 1+2) (NR)	4:45-5:45 PM Contemporary Ballet ages 7-11 (lv. 2+3) (DV)	5-6 PM Tap / Jazz ages 7-11 (lv. 2+3) (DV)	6-7 PM Tap 12-Teens/Adults (EM)	10-10:45 AM Contemporary Ballet ages 5-6 (lv. 1+2) (DV)	2:45-4:15 PM Beginning Bellydance (SB) 10-Teens/Adults
4:15-5:00 PM Pre-Ballet / Pre-Tap ages 4-5 (lv. 2) (DV)	7-8 PM Dance with Diane Adult Fitness (DV)	7-8 PM Intermediate Ballet Teens/Adults (YL)	6:15-7:15 PM L.A. Jazz Teens (JH)	7-8 PM Beg./Adv. Beginning Ballet 12-Teens/Adults (EM)	10:45-11:30 AM Dance for Children ages 3-4 (lv. 1) (DV)	4:15-5:15 PM Bellydance II (SB) Teens/Adults
5-6 PM Contemporary (Modern) Dance ages 8-11 (lv. 3) (DV)		8-9:15 PM INTUIT Repertoire Adults (DV)	7:30-8:30 PM Hip Hop (adv. beg./intermediate) Teens/Adults (IE)		12-1 PM Contemporary Ballet ages 7-9 (lv. 2+3) (DV)	
6:30-7:45 PM Yoga Teens/Adults (AL)					1-2 PM Contemporary (Modern) Dance (adv. beg./intermediate) ages 12-teens (DV)	
8:00-9:00 PM Modern Dance Teens/Adults (adv. beg./intermediate)					2:15-3:15 PM Zumba® Teens/Adults (MHP)	

INSTRUCTOR CODE: Diane VanDerhei (DV); Anna Leonard (AL); Nikki Richardson (NR); Samantha Breneman (SB); Yael Levitin (YL);
 Elisa Montalvo (EM); Ian Eastwood (IE); Jessica Hallam (JH); Mariana Howard-Paez (MHP).

NAME: _____ CHILD'S NAME: _____ AGE: _____ ADDRESS: _____ CITY, STATE, ZIP: _____ EMAIL: _____ PHONE: _____ CREDIT CARD #: _____ EXPIRES: _____ SIGNATURE: _____	CLASS #1: _____ DAY: _____ TIME: _____ CLASS #2: _____ DAY: _____ TIME: _____ CLASS #3: _____ DAY: _____ TIME: _____ AMOUNT ENCLOSED: \$ _____ Please make checks payable to: INTUIT Dance Mail to: INTUIT Dance P.O. 614 Oak Park, IL 60303-0614
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STUDIO PHILOSOPHY FOR CHILDREN'S CLASSES:

Dance technique, improvisation and choreography are the building blocks of contemporary dance education. At INTUIT, students study dance technique, learn to develop a movement vocabulary, make their own dances and dance in the compositions of others. Dance provides a vehicle for children to grow emotionally, to interact socially, and to develop physically and mentally.

(Children's classes are grouped appropriately by age and level.)

LEVEL 1 (LV.1) - is a joyful introduction to the dance form and elements of body, space, time and energy. Children learn, explore, create and share.

LEVEL 2 (LV. 2) - is for the student who has demonstrated a readiness for a higher level of work and exploration. Children will explore the element of the day and work on this element through technical exercises and movement across the floor. Improvisation and composition will remain an integral part of this class.

LEVEL 3 (LV. 3) - is a continuation of level two and is for the student that wants to focus on the technical and creative aspects of the dance form.

CLASS GROUPING GUIDELINES:

AGES 2-3 — means the child is two in September and will be turning 3 sometime before June. This applies for 3-4 (pre-school child); 4-5 (pre-school child); 5-6 (kindergarten)

AGES 4-6 — means they are four turning 5 or 5 turning 6 during the school year (pre-school or kindergarten)

AGES 5-7 — means they are five and will be turning 6 (kindergarten) or 6 turning 7 (first grade).

INTUIT Dance is flexible on these ages and will work with you to find the most appropriate class for your child.

(Summer Placement)

Children should be placed in the class that they are going into in September. Example: if your child is going to be in Kindergarten in the Fall, then they should attend a 4-6 year-old class or a 5-7 year-old class. The 4-6 is a little bit lower level than a 5-7 year-old.

CLASSES:

Family Dance Jam! (multi-aged up until 5 yrs)
Bring the family to INTUIT for an afternoon of movement and fun.

Dancing TOTS (lv. 1) ages 2-3

Children will bounce, shake and roar through a morning of dance, movement and play. Dancing tots can be a drop off class if you feel your child is ready.

Dance for Children (lv. 1) ages 3-6

These very popular level one classes are grouped according to your child's age. The Dance for Children classes are designed to capture your child's imagination and love of movement. They will enter the world of dance and never want to leave.

Pre-Ballet/Pre-Tap (lv. 2) ages 4-5

This class is for the pre-school student. Vocabulary and movement skills will be developed using Rhythm, Rhymes and Stories.

Movement for Boys (lv.1 + 2) ages 4-6 / 7-12

This is an athletic class designed for boys. Your son will run, roll and leap into creative expression as they explore the elements of dance.

Contemporary Ballet (lv. 1 + 2) ages 4-7; (lv. 3) ages 7+

Students will be introduced to the element of the day and explore this element through exercises at the barre and movement across the floor. Improvisation and composition are integral components of the class.

Hip Hop

ages 7-12 (lv. 1 + 2) ages 8-12 (lv. 2+3)
You will learn basic rhythms and technique while you practice Hip Hop dances. Students improvise and make up their own dances as well.

Contemporary (Modern) Dance

ages 6-7 (lv. 1+2) ages 8-12 (lv. 3)
Students will learn dance technique while learning about Body, Energy, Space and Time. Students will improvise and create dances.

Jazz / Tap (lv. 1 + 2) ages 5-7

A fusion class to keep the fun in dance technique.

Jazz / Tap (lv. 2 + 3) ages 7+

A fusion class to keep the fun in dance technique.

Jazz / Modern (lv. 2+3) ages 10+

This class is designed to prepare students for summer musicals. Many dance forms will be explored and student's interests and needs will be addressed.

ALL CHILDREN'S CLASSES INCLUDE:

A warm-up that patterns the body; introduction and exploration of the dance theme of the day; application of the theme through technical skill development, dancemaking and interpreting children's literature; cool down and reflection

STUDIO PHILOSOPHY FOR TEEN & ADULT CLASSES:

INTUIT Dance Teen and Adult division offers classes in jazz, hip hop, fitness, modern, ballet, musical theater, yoga and belly dancing in a noncompetitive environment. INTUIT's instructors are here to nurture your individual artist. Classes are for beginners through professionals. The choreographic process is taught and teen and adult students are active participants in creating choreography for studio performances.

TEENS**Ballet for Teens**

INTUIT offers Beginning and Intermediate/Advanced ballet technique. This class will help you get a strong body and quick mind needed to pick up combinations.

Beginning Pointe

A beginning pointe class is offered to ballet students who have developed a solid technique.

Hip Hop

Three levels of Hip Hop are offered at INTUIT. Work on your technique as you create and learn really cool dances.

Contemporary Jazz

Learn fast paced, contemporary jazz choreography.

Tap

Learn the basics of tap dance.

Contemporary (Modern) Dance for Teens

Modern dance is for the new or continuing student. This class will help you with your dance technique and fitness level as well as your creativity and expressivity. Two levels offered: basic/advanced beginner and intermediate/advanced.

Latin Dance Technique

Learn basic Latin Dances. Fun and a great workout.

L.A. Jazz

Learn all the latest hot styles that you see on popular dance shows. Learn how to dance for the camera!

Yoga

Connect, focus and shine in a positive and supportive environment students will explore the dynamic connection between body and spirit.

Beginning Bellydance and Bellydance II

Bring your mom! Get a strong belly and back, better flexibility, more range of motion and a wonderful time dancing to world music! Bellydance II will teach you how to dance with partners, layer movements and exchange leadership – instructor's consent.

Zumba

Get hip get fit! A great Latin workout that is all the rage right now. Be prepared to sweat and have fun!

ADULTS**Contemporary (Modern) Dance for Teens/Adults**

Modern dance is for the new or continuing student. This class will help you with your dance technique and fitness level as well as your creativity and expressivity. Two levels offered: basic/advanced beginner and intermediate/advanced.

Ballet

Beginning through advanced levels. Discover the meditative qualities of ballet as you focus on core strength, flexibility and endurance.

Contemporary Jazz

Learn fast paced, contemporary jazz choreography.

Dance with Diane

For this dance fitness class, Diane has put together the best movement practices from yoga, conditioning, body fundamentals and contemporary dance to get you moving, fit and feeling your BEST!

INTUIT Repertoire

Learn jazz and modern choreography to be performed throughout the year.

Hip Hop

Learn and create really cool dances. A fun way to work out.

Tap

Learn the basics of tap dance.

Yoga

Instruction suited to the unique individual drawing from a variety of Hatha Yoga styles. Open to all levels of ability.

Beginning Yoga

Come see why millions have made yoga an essential part of their lives. This class will introduce you to fundamental yoga postures, breathing and relaxation techniques.

Yoga Retreat (yoga experience required)

This two-hour yoga retreat aims to deeply stretch the entire body releasing muscular tension and opening blocked energy pathways using supportive and non-weight bearing postures.

2-Hour Yoga Retreat: \$25

Beginning Bellydance and Bellydance II

Samantha Brennenman is the founder and director of SMOKE belly dance troupe a Sister Studio of FatChanceBellyDance. She trained under master teacher Carolena Nericcio. She holds all certifications currently available in this format.

Zumba

Get hip get fit! A great Latin workout that is all the rage right now. Be prepared to sweat and have fun!

Visit us online for a listing of footwear and dress codes. Non-skid sneakers are required for Hip Hop and Fitness classes. No outside street shoes allowed on the dance floor.

PRICING:**1 HOUR ADULT/TEEN AND CHILDREN'S CLASSES**

• 8 Week Spring Session: \$104

40 or 45 MINUTE CHILDREN'S CLASSES

Dance for Children ages 3-6, Pre-Ballet/Tap, Movement for Boys, Jazz/Tap 5-7, Contemporary Ballet ages 4-6 + 5-7 and Hip Hop 8-12.

• 8 Week Spring Session: \$96

DANCING TOTS

• 8 Week Spring Session: \$88 (drop-ins welcome)

• [NEW!] Zumba® Class at Intuit. Trial Class is Tuesday, March 16th at 7 PM / Only \$5!

• Single class drop-in's: \$15 / TOT drop-in's: \$11⁵⁰

• Punch Cards for Teens and Adults (All punch cards expire May 30, 2010):

16 for \$192 (12/class); 10 for \$125 (12.50/class); 8 for \$104 (13/class); 6 for \$87 (14.50/class).

• INTUIT's Spring Studio Performances

Friday, May 21 at 7:30 • Saturday, May 22 at 1:30 3:30 7:30 • Sunday, May 23 at 1:30

• 7 Week Summer Session: June 13 – July 31

