

INTUIT DANCE!



INTUIT DANCE! ANNOUNCES STUDIO 2 IN FOREST PARK!

Diane VanDerhei, Director

Studio 1 = ①
237 Harrison Street
Oak Park, Illinois
studio# 708-524-0500
cell# 312-505-0186

Studio 2 = ②
7515 Madison Ave
Forest Park, Illinois
info@intuitdance.org
www.intuitdance.org

Fall Session | Signup Anytime!
Sept 10th—Dec 17th

CHILDREN

MON	9:00-9:45 AM	Dancing TOTS ages 2-3 (lv. 1) (NR) ①
	9:45-10:30 AM	Dance for Children ages 3-5 (lv. 1) (NR) ①
	3:30-4:15 PM	Hip Hop ages 5-7 (lv. 1+2) (DV / ITCM) ①
	4:00-4:45 PM	Ballet I ages 5-7 (lv. 1) (JH) ②
	4:15-5:00 PM	Dance Technique I ages 7-9 (lv. 2) (DV) ①
	4:45-5:30 PM	Little L.A. Jazz ages 8-11 (lv. 1+2) (JH) ②
	5:00-6:00 PM	Dance Technique III ages 10-14 (lv. 3) (DV) ①
TUES	4:00-5:00 PM	Contemporary (Modern) ages 5-7 (lv. 1+2) (NR) ①
	4:00-4:45 PM	Ballet/Tap ages 4-6 (lv. 1) (DV) ②
	4:45-5:45 PM	Jazz/Tap ages 5-7 (lv. 1+2) (DV) ②
	5:00-6:00 PM	Dance Technique II ages 8-11 (lv. 2+3) (DV+NR) ①
WED	3:00-3:45 PM	Ballet I ages 5-7 (lv. 1+2) (DV) ①
	3:45-4:45 PM	Ballet II/III ages 6-8 (lv. 2) (JH) ①
	3:45-4:30 PM	Ballet IV ages 7+ (lv. 3) (DV) ②
	4:30-5:15 PM	Nutty Nutcracker Practice ages 8-11 (JH) ②
	4:45-5:45 PM	Performance Workshop ages 7-10 (lv. 2+3) (DV) ①
THUR	9:30-10:15 AM	Open Studio [new!] ages 2-6 (DV) ②
	3:30-4:15 PM	Boys Hip Hop ages 7-10 (lv. 2) (ITCM) ①
	4:00-4:45 PM	Contemporary (Modern) ages 5-7 (lv. 1+2) (EM) ②
	4:15-5:00 PM	Ballet I/Tap ages 4-6 (lv. 1) (DV) ①
	5:00-6:00 PM	Performance Workshop ages 10-14 (lv. 3) (DV) ①
	5:00-6:00 PM	Jazz/Tap ages 8-11 (lv. 1+2) (EM) ②
	6:00-7:00 PM	Jazz Funk ages 11+ (EM) ②
FRI	6:00-7:00 PM	Hip Hop for Boys ages 8-12 (lv. 1) (JMA) ②
SAT	8:30-9:10 AM	Dancing Tots ages 2-3 (lv. 1) (MBD) ②
	9:00-9:40 AM	Dance for Children ages 3-4 (lv. 1) (DV) ①
	9:15-9:55 AM	Dance For Children ages 3-5 (lv. 1) (MBD) ②
	9:45-10:25 AM	Ballet I ages 4-6 (lv. 1) (DV) ①
	10:00-11:00 AM	Latin/Jazz ages 8-11 (lv. 1+2) (EM) ②
	10:30-11:30 AM	Ballet II/III ages 6-8 (lv. 2+3) (DV) ①
	11:00-12:00 PM	Intermediate Ballet 11-Teens (EM) ②
	11:30-12:30 PM	Performance Workshop III ages 10-14 (DV) ①
	12:00-12:30 PM	Pre-Pointe ages 11-Teens (EM) ②
	12:45-1:30 PM	Ballet I/II ages 5-8 (MBD) ②
	2:30-3:30 PM	Hip Hop/Jazz ages 8-12 All levels welcome! (CK) ①
SUN	9:30-10:15 AM	Dancing Tots ages 2-3 (lv. 1) (DV) ②
	10:15-11 AM	Dance for Children ages 3-4 (lv. 1) (DV) ②
	11-11:45 AM	Ballet I/II ages 5-8 (lv. 1+2) (EM) ②

TEENS

MON	5:00-6:00 PM	Dance Technique III ages 10-14 (lv. 3) (DV) ①
	6:00-7:00 PM	Choreography Workshop TEEN COMBO / W / 5:45 2 1/4 HRS STUDIO TIME: \$350/14 WKS (JH) ①
	7:00-8:00 PM	◆ Ballet Fit Teens/Adults (JH) ①
	8:00-9:00 PM	Contemporary (Modern) (Adv. Beginning/Intermediate) (NR) ①
TUES	6:15-7:15 PM	Contemporary (Modern) (Beginning/Intermediate) (DV) ①
	7:15-8:15 PM	Ballet (Intermediate/Adv.) (YL) ①
	7:30-8:30 PM	◆ Pilates Mat Teens/Adults (all levels welcome) (KW) ②
WED	5:45-7:00 PM	L.A. Jazz/Ballet TEEN COMBO / M / 6:00 2 1/4 HRS STUDIO TIME: \$350/14 WKS (JH) ①
	7:00-8:00 PM	◆ Ballet Fit Teens/Adults (JH) ①
THUR	5:00-6:00 PM	Performance Workshop ages 10-14 (lv. 3) (DV) ①
	6:00-7:00 PM	Jazz Funk ages 11-Teens (EM) ②
	6:00-7:00 PM	Beginning Ballet Teens/Adults (DV) ①
	7:00-7:30 PM	Stretch Teens/Adults (DV) ①
	7:30-8:30 PM	Dance Fusion Teens/Adults (DV) ①
FRI	9:00-9:50 AM	◆ Pilates Mat Teens/Adults (all levels welcome) (KW) ②
	4:30-5:30 PM	Ballet (Adv. Beginning/Intermediate) (EM) ①
	5:30-7:00 PM	Contemporary (Modern) (Intermediate/Adv.) (EM) ①
	7:00-8:00 PM	Tap 12-Teens/Adults (EM) ①
	7:00-8:00 PM	Hip Hop Teens/Adults (JMA) ②
SAT	11:30-12:30 PM	Performance Workshop ages 10-14 (lv. 3) (DV) ①
	12:30-2:30 PM	Teen Performance Company (Consent of Director) ①
SPECIAL	11:00-12:00 PM	Intermediate Ballet 11-Teens (EM) ②
	12:00-12:30 PM	Pre-Pointe ages 11-Teens (EM) ② SAT Special @ Studio 2 TAKE BOTH CLASSES. 1 1/2 HRS OF STUDIO TIME FOR \$210/14 WKS
	1:30-2:30 PM	Hip Hop Teens/Adults (EM) ②
	2:30-3:30 PM	Tap Teens/Adults (EM) ②
SUN	9:30-10:20 AM	◆ Pilates Mat Teens/Adults (all levels welcome) (KW) ①
	2:45-4:15 PM	◆ 'Love Your Belly' (Bellydance I) 12-Teens/Adults (SB) ①
	4:15-5:15 PM	Bellydance II Teens/Adults (SB) ①

ADULTS

MON	7:00-8:00 PM	◆ Ballet Fit Teens/Adults (JH) ①
	7:00-8:00 PM	◆ Ballet Connections Adults Only (DV) ②
	8:00-9:00 PM	Contemporary (Modern) (Adv. Beginning/Intermediate) (NR) ①
TUES	10:00-11:00 AM	◆ Dance Fitness w/ Childcare (‘Story Book’ with Diane! \$5.00/child) Adults Only (EM) ②
	6:15-7:15 PM	Contemporary (Modern) (Beginning/Intermediate) Teens/Adults (DV) ①
	7:15-8:15 PM	Ballet (Intermediate/Adv.) (YL) ①
	7:30-8:30 PM	◆ Pilates Mat Teens/Adults (all levels welcome) (KW) ②
	8:15-9:30 PM	Adult Repertoire Ensemble ①
WED	7:00-8:00 PM	◆ Ballet Fit Teens/Adults (JH) ①
	8:00-9:00 PM	L.A. Jazz Adults Only (JH) ①
THUR	6:00-7:00 PM	Beginning Ballet Teens/Adults (DV) ①
	7:00-7:30 PM	Stretch Teens/Adults (DV) ①
	7:30-8:30 PM	Dance Fusion Teens/Adults (DV) ①
	7:00-8:00 PM	Beginning Ballet Adults Only (EM) ②
FRI	9:00-9:50 AM	◆ Pilates Mat Teens/Adults (all levels welcome) (KW) ②
	4:30-5:30 PM	Ballet (Adv. Beginning/Intermediate) (EM) ①
	5:30-7:00 PM	Contemporary (Modern) (Intermediate/Adv.) (EM) ①
	7:00-8:00 PM	Tap 12-Teens/Adults (EM) ①
	7:00-8:00 PM	Hip Hop Teens/Adults (JMA) ②
	8:00-9:00 PM	◆ Latin Dance Party Adults Only (JMA) ②
SAT	8:00-9:00 AM	◆ Dance Fitness with Diane (DV) ①
	1:30-2:30 PM	Hip Hop Teens/Adults (EM) ②
	2:30-3:30 PM	Tap Teens/Adults (EM) ②
SUN	9:30-10:20 AM	◆ Pilates Mat Teens/Adults (all levels welcome) (KW) ①
	2:45-4:15 PM	◆ 'Love Your Belly' (Bellydance I) 12-Teens/Adults (SB) ①
	4:15-5:15 PM	Bellydance II Teens/Adults (SB) ①

BEG. BALLET OR DANCE FUSION WITH STRETCH
Only \$15 both classes!
\$210/14 wks (Save \$42)!

BEG. BALLET OR DANCE FUSION WITH STRETCH
Only \$15 both classes!
\$210/14 wks (Save \$42)!

Pricing

Tot Class \$140 45 Min \$175
1 – 1 1/4 Hr \$182 1 1/2 Hr \$250

Promos

◆ **“Fit Intuit”** \$140 / 14 wk session (Save \$42). Only \$10/class!
Ballet Fit, Dance Fitness with Diane, ‘Love Your Belly’,
Latin Dance Party or Pilates Mat.

Teen Combo \$350 / 14 wk session (Save \$14).

Thursday Special \$210 / 14 wk session (Save \$42).

SAT Special @ Studio 2 \$210 / 14 wk session (Save \$40).

INSTRUCTOR CODE: Amy Shropshire (AS); Claire Kissinger (CK); Diane VanDerhei, Director (DV);
Drew Lewis (DL); Elisa Montalvo (EM); INTUIT Teen Company Member (ITCM); Jessica Hallam (JH);
Javier Marti Amat (JMA); Kelley Watson (KW); Mariannell Bassett-Dilley (MBD);
Nikki Richardson (NR); Samantha Brennenman (SB); Yael Levitin (YL).

STUDIO PHILOSOPHY FOR CHILDREN'S CLASSES:

Dance technique, improvisation and choreography are the building blocks of contemporary dance education. At INTUIT, students study dance technique, learn to develop a movement vocabulary, make their own dances and dance in the compositions of others. Dance provides a vehicle for children to grow emotionally, to interact socially, and to develop physically and mentally.

(Children's classes are grouped appropriately by age and level.)

LEVEL 1 (LV.1) - is a joyful introduction to the dance form and elements of body, space, time and energy. Children learn, explore, create and share.

LEVEL 2 (LV. 2) - is for the student who has demonstrated a readiness for a higher level of work and exploration. Children will explore the element of the day and work on this element through technical exercises and movement across the floor. Improvisation and composition will remain an integral part of this class.

LEVEL 3 (LV. 3) - is a continuation of level two and is for the student interested in the technical, creative and performing aspects of the dance form.

CLASS GROUPING GUIDELINES:

AGES 2-3 — means the child is two in September and will be turning 3 sometime before June. This applies for 3-4 (pre-school child); 4-5 (pre-school child); 5-6 (kindergarten)

AGES 4-6 — means they are four turning 5 or 5 turning 6 during the school year (pre-school or kindergarten)

AGES 5-7 — means they are five and will be turning 6 (kindergarten) or 6 turning 7 (first grade).

INTUIT Dance is flexible on these ages and will work with you to find the most appropriate class for your child.

(Summer Placement)

Children should be placed in the class that they are going into in September. Example: if your child is going to be in Kindergarten in the Fall, then they should attend a 4-6 year-old class or a 5-7 year-old class. The 4-6 is a little bit lower level than a 5-7 year-old.

CLASSES

BALLET

Ballet I (lv. 1) ages 4-6, 5-7 Ballet students will be introduced to the theme of the day and explore this theme through ballet terminology, exercises at the barre, movement across the floor, ballet positions and ballet steps. Ballet I is for the new ballet student.

Ballet II/III (lv. 2) ages 6-9 Ballet II/III is for the continuing ballet student. Students will deepen their movement vocabulary while gaining technique.

Ballet IV (lv. 3) ages 7+ For the serious ballet student interested in perfecting their technique.

Ballet/Tap (lv. 1) ages 4-6 Vocabulary and movement skills will be developed using Rhythm, Rhymes and Stories.

Pre-Pointe – ages 11-Teens Must be enrolled in a ballet class at INTUIT. This class will get you stretched out and strong enough for pointe work.

CONTEMPORARY

Contemporary (Modern) Dance (lv. 1+2) ages 5-7, 8-12 Students will learn dance technique while learning about Body, Energy, Space and Time. Students will improvise and create dances. Great class for students new to INTUIT or new to dance.

Dance for Children (lv. 1) ages 3-5 These very popular level one classes are grouped according to your child's age. The Dance for Children classes are designed to capture your child's imagination and love of movement. They will enter the world of dance and never want to leave.

Dance Technique I, II + III (lv. 2+3) ages 7-9 Director Diane VanDerhei created the perfect curriculum for this age group. Study major theatrical dance forms (ballet, modern, jazz) in 4 week units of study. Keep it interesting while gaining technique.

Dancing TOTS (lv. 1) ages 2-3 Children will bounce, shake and roar through a morning of dance, movement and play. Dancing tots can be a drop off class if you feel your child is ready.

Open Studio – ages 2-6 Drop-in every Thursday morning and meet Miss Diane (INTUIT's dance director)! Diane will direct activities. Bring the neighborhood for some serious bounce-around-get-the-energy-out time. \$5.00/child.

HIP HOP

Boys Hip Hop (lv. 2) ages 7-12 You will learn basic rhythms and technique while you practice Hip Hop dances. Students improvise and make up their own dances as well.

Hip Hop (lv. 1+2) ages 5-7 You will learn basic rhythms and technique while you practice Hip Hop dances.

Hip Hop/Jazz (lv. 1, 2+3) ages 8-12 You will learn basic rhythms and technique while you practice Hip Hop dances. Students improvise and make up their own dances as well.

JAZZ

Contemporary Jazz (lv. 2+3) ages 8+ [CURRENTLY NOT OFFERED] See Dance Technique I, II + III for a good alternative.

Jazz Funk – ages 11+ A little jazz and a whole lot of funk. Move and groove with Elisa – she is amazing.

Jazz/Hip Hop (lv. 1, 2+3) ages 8-12 A fusion class to keep the fun in dance technique.

Jazz/Tap (lv. 1+2) ages 5-7, 8-11 A combo class to keep the fun in dance technique. Children will have fun learning the elements of jazz dance while perfecting motor skills needed to develop in dance.

Latin/Jazz (lv. 1+2) ages 8-11 Break out your dancing shoes and get moving with lots of fun, Latin inspired choreography.

Little L.A. Jazz – ages 8-11 L.A. Jazz for teens and adults was so popular we added one for the little sisters!! Join us for a fun, fast learn-all-the-popular-moves class.

TAP

Tap/Ballet (lv. 1) ages 4-6 Vocabulary and movement skills will be developed using Rhythm, Rhymes and Stories.

Tap/Jazz (lv. 1+2) ages 5-7, 8-11 A combo class to keep the fun in dance technique. Children will have fun learning the elements of jazz dance while perfecting motor skills needed to develop in dance.

PERFORMANCE / WORKSHOPS

Musical Theater – ages 10-13 We've got something for our tweens at INTUIT! Come and dance the great 20th century dances from our American Musical heritage. This is so much fun and will get you ready for participation in your school's musicals.

Nutty Nutcracker Practice – ages 5-8 Any child that wants to be a part of our Nutty Nutcracker sign up for this class. Please note – some classes are already working on the Nutty Nutcracker. Please contact the director with questions.

Performance Workshop (lv. 2+3) ages 7-10, 10-14 This is INTUIT's childrens performing group. If you are interested in performing in the Nutty Nutcracker, speak to the director.

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DRESS CODE: For complete listing of dress codes per class please visit www.intuitdance.org/POLICY.html. Hair must be pulled back and no jewelry.

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ALL CLASSES INCLUDE: A warm-up that patterns the body; introduction and exploration of the dance theme of the day; application of the theme through technical skill development, dancemaking and interpreting children's literature; cool down and reflection.

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INTUIT Dance is for everyone! Beginners and boys welcome!
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 **Follow INTUIT Dance! on Facebook**

STUDIO PHILOSOPHY FOR TEEN & ADULT CLASSES:

INTUIT Dance Teen and Adult division offers classes in jazz, hip hop, fitness, modern, ballet, musical theater and belly dancing in a noncompetitive environment. INTUIT's instructors are here to nurture your individual artist. Classes are for beginners through professionals. The choreographic process is taught and teen and adult students are active participants in creating choreography for studio performances.

CLASSES

BALLET

Ballet INTUIT offers Beginning and Intermediate/Advanced ballet technique. This class will help you get a strong body and quick mind needed to pick up combinations.

Ballet Fit Lift, stretch and feel like a dancer! We will keep it fun while using the principles of ballet technique to reach your goals.

Beginning Pointe [CURRENTLY NOT OFFERED] A beginning pointe class is offered to ballet students who have developed a solid technique.

Pre-Pointe Must be enrolled in a ballet class at INTUIT. This class will get you stretched out and strong enough for pointe work.

CONTEMPORARY

Contemporary (Modern) Dance. (Beginning through professional levels) Modern dance is for the new or continuing student. This class will help you with your dance technique and fitness level as well as your creativity and expressivity.

Dance Technique (lv. 3) Director Diane VanDerhei created the perfect curriculum for this age group. Study major theatrical dance forms (ballet, modern, jazz) in 4 week units of study. Keep it interesting while gaining technique.

FITNESS

Ballet Connections Learn ballet basics integrating alignment, posture and body awareness.

Ballet Fit Lift, stretch and feel like a dancer! We will keep it fun while using the principles of ballet technique to reach your goals.

Boot Camp TBA

Dance Fitness with Diane This is Intuit Dance director, Diane VanDerhei's workout. Let Diane move you with the spirit of dance.

Dance Fitness w/ Childcare Elisa Montalvo will mix it up some ballet, cardio, toning and stretching. Diane will lead the children in a dance-a-story class while moms workout.

Dance Fusion This is a fun never-get-bored workout featuring many dance styles. Learn popular moves while working out.

Pilates Mat All are welcome! If you want to work your core this is the class for you.

Stretch Take stretch either before Contemporary Dance or after Ballet – get ready for class or cool down afterwards – a great addition to your workout.

HIP HOP

Hip Hop There is a reason they call it hip. Learn all the latest moves and have fun doing it.

JAZZ

Jazz Funk Little jazz and a whole lot of funk. Move and groove with Elisa – she is amazing.

L.A. Jazz The MOM's of L.A. Jazz for teens requested their own class with Jessica. Join us for all the latest moves you see on popular TV shows. DON'T sit home and watch – get out and move!

L.A. Jazz/Ballet By popular demand! Students love Jessica's class so much they requested more! In this class you will learn all the latest, hottest jazz styles and get a ballet workout. The class will alternate with one week a Jazz warm-up with ballet center and the following week a ballet barre with Jazz combos!

PERFORMANCE / WORKSHOPS

Adult Repertoire Ensemble This is INTUIT's adult performing group. If you are interested in performing, contact the director.

Choreography Workshop Learn ways to create exciting choreography – make your own dances or dance in the compositions of others. If you are interested in performing contact the director, Diane VanDerhei. *Next Show:* The Nutty Nutcracker **SEE THE PERFORMANCES ONLINE!** View 'dvideo' of the month on INTUIT's home page: www.intuitdance.org.

Performance Workshop This is INTUIT's tween performing group. If you are interested in performing in the Nutty Nutcracker, speak to the director.

Teen Performance Company This is Intuit's teen company. If you are interested in performing or choreographing contact the director Diane VanDerhei.

TAP

Tap This is a three tiered class for the beginner, intermediate or advanced tappers. Everyone is given time and space to drill their skills.

WORLD DANCE

Bellydance II Taught by Samantha Brenneman – founder and director of SMOKE belly dance troupe a Sister Studio of FatChanceBellyDance.

'Love Your Belly' (Bellydance I) Taught by Samantha Brenneman – founder and director of SMOKE belly dance troupe a Sister Studio of FatChanceBellyDance. She trained under master teacher Carolena Nericcio. She holds all certifications currently available in this format.

Latin Dance Party for Adults Bring your partner or come by yourself – this class will get you out and mingling while you learn the hottest dances that you see on TV. Great for wedding preparation or just for fun and fitness. Part "Fit Intuit" promotion.

PRIVATE PILATES LESSONS

\$50 per hour | \$25 per 1/2 hour | \$15 per hr for small groups (3-5 people) self-organized. By appointment only! Please email Kelley Watson at pilatesbykelley@att.net. Or call (708) 415-6232. www.pilatesedgebykelley.com

Signup Anytime!

Can I sign up even though it is past the starting point? New students welcome anytime! We will prorate your fees to your start date.